

**Συμεών Χρ. Παναγιωτάκης Παθολόγος - μετεκπαίδευση στη Γηριατρική,
MSc Γεροντολογίας, PhD Κλινικής Ιολογίας Ιατρική Σχολή Παν. Κρήτης**

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Διευθυντής ΕΣΥ Παθολογίας από το 2020 στην Παθολογική Κλινική του - Πανεπιστημιακού Νοσοκομείου Ηρακλείου, Υπεύθυνος Γηριατρικού Ιατρείου Κλινικής από το (2008), Απόφοιτος Ιατρικής Σχολής Πανεπιστημίου Κρήτης (1994), Τίτλος Ιατρικής ειδικότητας στην Παθολογία (2004), PhD στην Κλινική Ιολογία στην Ιατρική Σχολή του Πανεπιστημίου Κρήτης (2007), MSc στη Γεροντολογία στο Πανεπιστήμιο King's College του Λονδίνου (2007), Κλινικός συνεργάτης στα Τμήματα Elderly Care Unit of St Thomas and Guy's Hospitals London (2005-2006), Αντιπρόεδρος της Ετ. Ν. Alzheimer και Υγιούς Γήρανσης Ν. Ηρακλείου «Αλληλεγγύη» μέχρι το 2022 .

Υπεύθυνος προγράμματος σπουδών στη γηριατρική των φοιτητών της Ιατρικής Σχολής του Πανεπιστημίου της Βοστώνης, που επισκέπτονταν το Πανεπιστήμιο Κρήτης στα πλαίσια σχετικού προγράμματος ανταλλαγής φοιτητών από το 2008 έως το 2018. Επιστημονικός συνεργάτης της Παθολογικής Κλινικής στο ερευνητικό πρόγραμμα "THALIS- Διεπιστημονικό Δίκτυο για τη μελέτη της άνοιας σε αγροτικές περιοχές του Νομού Ηρακλείου, Πανεπιστήμιο Κρήτης- Ευρωπαϊκή Ένωση- Υπουργείο Υγείας και Θρησκευμάτων NSRF 2012-2015", με επιστημονικά υπεύθυνο τον καθηγητή ψυχιατρικής κο Βγόντζα. Επιστημονικά υπεύθυνος του Εταίρου 4 με το όνομα Alzheimer Association of Heraklion "Solidarity" στο διακρατικό πρόγραμμα INTEREG Ελλάδας-Κύπρου, SKEPSI "THIRD AGE: CONFIGURATION OF A PROTOCOL FOR EVALUATION OF MENTAL FUNCTION AND QUALITY OF

LIFE - PROJECTS FOR EFFECTIVE ASSISTANCE" 2011-2013, σε συνεργασία με τα Τμήματα Κλινικής Ψυχολογίας του Πανεπιστημίου Κρήτης και Κύπρου και επιστημονικά υπεύθυνους καθηγητές κο Σίμο και κα Κωνσταντινίδου από τα αντίστοιχα πανεπιστήμια. Επιστημονικά υπεύθυνος, μετά από ανάθεση από τον καθηγητή λοιμώξεων κο Γκίκα, για την πραγματοποίηση Point Prevalence μελετών 2016-2017 στις λοιμώξεις των ηλικιωμένων και τη χρήση αντιβιοτικών στις Μονάδες Φροντίδας Ηλικιωμένων της χώρας μας στα πλαίσια του 3^{ου} Προγράμματος HALT-3, του Ευρωπαϊκού Κέντρου Πρόληψης και Ελέγχου Λοιμώξεων και εκπροσώπηση της Ελλάδας σ' αυτό (European Centre for Disease Prevention and Control - Protocol for point prevalence surveys of healthcare-associated infections and antimicrobial use in European long-term care facilities 2016-2017). Υπεύθυνος μελετών στο ΠΑΓΝΗ σε θέματα που αφορούν τη συστηματική γηριατρική αξιολόγηση, την ευπάθεια των ηλικιωμένων, τις πτώσεις, τα κατάγματα και την έκβαση τους. Συνεργασία αδελφοποίησης με το Γηριατρικό Τμήμα του Κορκ στην Ιρλανδία από το 2020 για στάθμιση του εργαλείου QMCI για τη διάγνωση της ήπιας Γνωστικής Διαταραχής

Λέξεις-Κλειδιά εξειδίκευσης: Ευπάθεια, Άνοια, Προαγωγή Υγείας για τους Ηλικιωμένους

Attending physician in the Department of Internal Medicine of the University Hospital of Heraklion since 2020, Senior consultant of the Geriatrics Clinic of the Department since 2008, Graduate of the Medical School of the University of Crete (1994), Degree of Internal Medicine (2004), PhD in Clinical Virology at the University of Crete (2007), MSc in Gerontology at King's College University of London (2007), Clinical Attachment in the Departments of Elderly Care Unit of St Thomas and Guy's Hospitals London (2005-2006), Vice President of the NGO Alzheimer's Association and Healthy Aging in Heraklion up to 2022.

Instructor in geriatrics for the medical students who came from Boston University in our hospital within the framework of a relevant student exchange program between Boston and Crete University from 2008 to 2018. Scientific collaborator from the Internal Medicine Department in the research program "THALIS- Interdisciplinary Network for the study of dementia in rural areas of the Prefecture of Heraklion, University of Crete-European Union-Ministry of Health and Religious NSRF 2012-2015". Scientific responsible for Partner 4 with the name Alzheimer Association of Heraklion "Solidarity" in the transnational program INTEREG Greece-Cyprus, SKEPSI "THIRD AGE: CONFIGURATION OF A PROTOCOL FOR EVALUATION OF MENTAL FUNCTION AND QUALITY OF LIFE - PROJECTS FOR 2011" in collaboration with the

Departments of Clinical Psychology of the University of Crete and Cyprus. Scientifically responsible and representative in the implementation of Point Prevalence studies in the infections of the elderly and the use of antibiotics in the Elderly Care Units of our country within the 3rd HALT-3 Program of the European Center for Prevention and Control (2016-2017). Responsible for studies at PAGNI on matters related to the systematic geriatric evaluation, frailty of the elderly, falls, fractures and their outcome. Collaboration with the Cork Geriatric Department in Ireland from 2020 for weighting of the QMCI tool for the diagnosis of Mild Cognitive Disorder

Expertise key words: Frailty, Dementia, Geriatric Health promotion

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