

COURSE SYLLABUS

(1) GENERAL

SCHOOL	HEALTH SCIENCES MANAGEMENT AND ECONOMICS SCIENCES		
DEPARTMENTS	<ul style="list-style-type: none"> ▪ SOCIAL WORK ▪ NUTRITION AND DIETETICS SCIENCES ▪ BUSINESS ADMINISTRATION AND TOURISM 		
LEVEL OF STUDY	GRADUATE		
COURSE CODE	CDDA-B04	SEMESTER	B
COURSE TITLE	Chronic Diseases Disability and Empowerment		
INDEPENDENT TEACHING ACTIVITIES		TEACHING HOURS WEEKLY	CREDIT UNITS (ECTS)
Lecturers		3	7.5
COURSE TYPE	Mandatory		
PREREQUISITE COURSES:	No		
LANGUAGE OF TEACHING and EXAMINATIONS:	Greek		
THE COURSE IS OFFERED TO ERASMUS STUDENTS	No		
COURSE WEBSITE (URL)	https://eclass.hmu.gr/courses/SW355/		

(2) LEARNING OUTCOMES

Learning Outcomes

This course aims to familiarize students with the concept of empowerment for people suffering from chronic diseases and disabilities. Upon completion of the module, students will understand the different concepts of empowerment in health, be able to describe and analyze its dimensions, understand the factors that influence it and know the empowerment strategies applied to various vulnerable groups.

In particular, students are expected to acquire:

Knowledge:

- To understand the different approaches (over time) to the involvement of users of health and social care services.
- To understand and analyze the factors that influence empowerment, as well as the interaction between them
- Understand and analyze the changes that must occur at multiple levels for empowerment to be considered successful.
- To reflect on the difficulty of measuring empowerment and evaluating intervention programs.
- They describe the basic principles of interdisciplinary research drawing knowledge from case studies in the health sector
- They describe the burden and social isolation of caregivers of elderly patients
- Understand psychosis and the difficulties it brings to the patient's life (social exclusion, stigma, vulnerability).
- They describe the interventions that can be made for the carer of the patient with psychosis (individually and in groups) in the community at the level of prevention, treatment and rehabilitation
- Describe how personal development groups can improve the health of vulnerable populations (according to the social determinants of health)
- Understand how community assessment can empower socially excluded population groups
- They recognize the contribution of Online counseling to the removal of Social Exclusion and to strengthening the inclusion and self-management of people with disabilities
- They describe the benefits of art in treating/rehabilitating/empowering disability

Skills:

- Skills of diagnostic assessment of needs at individual, group, family, community level
- Skills to design and implement interventions to support the individual, group, family and community
- Skills evaluation of interventions and programs to support the individual, group, family, community

Abilities:

- Ability to search, analyze and synthesize data and information
- Ability to diagnose, plan actions and intervene
- Ability to evaluate interventions
- Ability to exercise criticism and self-criticism

General Skills

A. Description

This course aims to highlight the concept of disability and aging empowerment in individuals, groups, families and the community.

(3) COURSE CONTENT

B. Modules

1. Introduction of the course (Presentation of the Thematic modules) and B) Experiential activity for disability and empowerment

2. User participation in health and social care services: Participation, involvement or empowerment?
3. The concept of empowerment in health
4. Empowerment strategies
5. Tools to assess empowerment in vulnerable populations
6. Interdisciplinary research, best practices and strategies to empower people with chronic diseases
7. Burden of a family with an elderly patient with chronic diseases
8. Psychosis and intervention in the Community
9. Psychosis: Supporting and empowering their carers in the community
10. Personal development groups and improving the health of vulnerable groups
11. Community assessment a method of empowering excluded groups in the community
12. Online counseling and empowerment
13. Social Work - Art and empowerment

TEACHING and LEARNING METHODS - EVALUATION

METHOD OF DELIVERY	Face to face	
USE OF INFORMATION AND COMMUNICATION TECHNOLOGIES	<ul style="list-style-type: none"> • Presentation of electronic slides and audio-visual material. • Use of the e-class electronic platform to support the learning process 	
TEACHING ORGANIZATION	Activity	Semester Workload
	Lectures	68
	Practice Act	30
	Literature study & analysis	30
	Analysis of Audiovisual Material	20
	Independent Study	40
	Course Total	188
STUDENT EVALUATION	Written exam 100%	

(4) RECOMMENDED-BIBLIOGRAPHY

- Suggested Bibliography:

- Haddouk, L.;Milcent, C. *Telepsychology in France since COVID-19. Training as a key factor for telepsychology practice and psychologists' satisfaction in online consultations.*<https://halshs.archives-ouvertes.fr/halshs-03265054>(assessed on Monday 24 January 2022)
- Connolly, SL; Miller, CJ; Lindsay, JA; Bauer, MS *A systematic review of providers' attitudes toward telemental health via videoconferencing, ClinPsychol 2020,*<https://doi.org/10.1111/cpsp.12311>
- Haddouk, L.; Bouchard, S.; Brivio, E.; Galimberti, C.; Trognon, A. *Assessing presence in videoconference telepsychotherapies: A complementary qualitative study on breaks in telepresence and intersubjectivity co-construction processes,* *Annu. Rev. CyberTherapy Telemed 2018, 16, 118–123*
- Kruse, CS; Krowski, N.; Rodriguez, B.; Tran, L.; Vela, J.; Brooks, M. *Telehealth and patient satisfaction: A systematic review and narrative analysis. Bro. Med. J. 2017, 7, 1–12*
- Pachi, A. Skoura, A. Yiannopoulou, E. (2013). *Sexuality and disability: Practitioners' knowledge, attitudes and perceptions and the role of Social Work, Social Work, Issue 111, p. 153-169*
- Hatzigiannoglou, Th.Gena, A. (2005). *The father's reaction to the child with special needs, Social Work, Issue 77, p. 54-62*
- Voziki, A. (2011). *The social construction of disability:*http://www.specialeducation.gr/files4users/files/pdf_AVozikidisabilty.pdf
- Karagiannis, P. (2008). *Disability education and social justice. Conference proceedings:*www.eriande.elemedu.upatras.gr
- Karolidou, S. (2017). *Counseling of people with disabilities and their families:* <https://sotiriakarolidou.wordpress.com>

Spyropoulos, T. (2016). *Problems and aspects of stereotypes and services provided for people with disabilities*:<https://docplayer.gr/33026649-Provlmatismoi-kai-opseis-ton-stereotypon-kai-ton-parehomenon-ypiresion-gia-ta-atoma-me-ameea.html>

Knutsson, O., and U.-K. Schön. 2020. "Co-creating a Process of User Involvement and Shared Decision-making in Coordinated Care Planning with Users and Caregivers in Social Services." *Int J Qual Stud Health Well-being* 15: 1.

Kortteisto T, Laitila M, Pitkänen A. (2018). Attitudes of mental health professionals towards service user involvement. *Scand J Caring Sci.* 32(2):681-689.

Carroll SM. Respecting and empowering vulnerable populations: contemporary terminology. *J Nurse Pract.* 2019;15(3):228–31

Lepore, D., Dolui, K., Tomashchuk, O., Shim, H., Puri, C., Li, Y., ...&Spigarelli, F. (2023). Interdisciplinary research unlocking innovative solutions in healthcare. *Technovation*, 120, 102511.

Berth Danermark (2019) *Applied interdisciplinary research: a critical realist perspective*, *Journal of Critical Realism*, 18:4, 368-382.

Martinaki S, Asimopoulos H, Michailovits N, Anastasiadou N, Skevophylax B, Hatzimihailides A. 2019. *Involuntary hospitalization, family and clinical social work*. *Social Work*, 744-753

Chen, L.; Zhao, Y.; Tang, J.; Jin, G.; Liu, Y.; Zhao, X.; Chen, C.; Lu, X. *The burden, support and needs of primary family caregivers of people experiencing schizophrenia in Beijing communities: A qualitative study*. *BMC Psychiatry* 2019, 19, 1–10.

Dritsas, G. (2021). *Working consultatively and therapeutically with groups (A guide to clinical practice)*, Athens: Papazisi

Gardner, JS; Plaven, BE; Yellowlees, P. *Remote telepsychiatry workforce: a solution to psychiatry's workforce issues*, *Curr Psychiatry Rep* 2020, 22, doi: 10.1007/s11920-020-1128-7

- Related scientific journals:

- Clinical Social Work
- Qualitative Social Work
- Social Work Education
- International Journal of Social Work
- British Journal of Social Work
- Healthcare
- Health and Social Care in the Community
- Vaccines