# **CURRICULUM VITAE**



Sofia Koukouli, BA/MA/PhD

### PERSONAL DETAILS

**Institutional address:** Department of Social Work, School of Health Sciences, Hellenic Mediterranean University, Estavromenos, P.O. Box 1939, Heraklion 71004, Crete, Greece. <a href="https://sw.hmu.gr/prosopiko/melh-dep/">https://sw.hmu.gr/prosopiko/melh-dep/</a>

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### **Profiles:**

Google Scholar: http://scholar.google.gr/citations?user=YOhQ\_HQAAAAJ&hl=el

Academia Edu: https://teicrete.academia.edu/SofiaKoukouli

Linkedin: <a href="https://www.linkedin.com/in/sofia-koukouli-34403935/">https://www.linkedin.com/in/sofia-koukouli-34403935/</a>
Research Gate: <a href="https://www.researchgate.net/profile/Sofia\_Koukouli">https://www.researchgate.net/profile/Sofia\_Koukouli</a>

Quality of Life Lab: <a href="https://wordpress.staff.teicrete.gr/qlab/">https://wordpress.staff.teicrete.gr/qlab/</a>

Ινστιτούτο Αγροδιατροφής και Επιστημών Ζωής:

https://agro-health.hmu.gr/prosopiko/members-health/

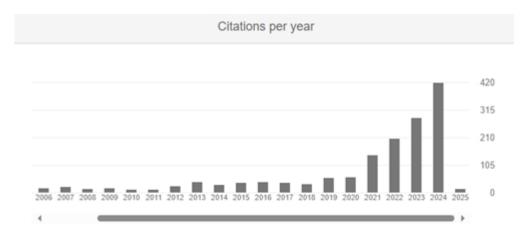
# **CURRENT AFFILIATIONS**

- Associate Professor in Social Policy, Department of Social Work, School of Health Sciences, Hellenic Mediterranean University
- Founding member of the Laboratory of Interdisciplinary Approaches for the Enhancement of Quality of Life (short title: Quality of Life Lab), School of Health Sciences, Hellenic Mediterranean University
- Member of the Institute of Agri-Food and Life Sciences, Hellenic Mediterranean University

### SHORT BIONOTE

Sofia Koukouli is Associate Professor of Social Policy at the Department of Social Work of the Hellenic Mediterranean University (ELMEPA) and Dean of the School of Health Sciences. She studied Sociology and Political Science in France (Paris X-Nanterre University). She continued her postgraduate studies in Political Science in the USA (New York University) and completed her PhD thesis at the Medical School of the University of Crete in the Department of Social Medicine. She teaches 'social policy' courses at the undergraduate level (such as social policy, family policy, health and social care policy), while she has also taught in three postgraduate programs. She was the scientific director of two funded research programs (Leonardo-Transfer of Innovation and Archimedes III) and has participated/is participating in various research programs related to her field of study either as a principal investigator or as a member of the research team. Her research interests focus on social policy issues for vulnerable groups with an emphasis on needs assessment for health and social care services, the quality of these services, as well as family policy issues. She has also held administrative positions of responsibility for a number of years, most notably that of Head of the Department of Social Work and most recently Dean of the Department of Social Work, while she has participated either as a member or as a coordinator in various School and University committees.

Summary of bibliometric data (19/1/2025): A total of 40 publications in Greek and international peer-reviewed journals, 4 books/collected volumes (editor), 9 chapters in books or collected volumes and 2 professional manuals. Citations: Google Scholar: 1583, h-index: 15 / Scopus: h-index = 12 and 670 citations. More than 100 presentations at international and Greek conferences/workshops.



Google scholar: Παραθέσεις ανά έτος (2006-2024) 19 Ιανουαρίου 2025

### **EDUCATION**

**Ph.D. in Social Medicine, 1994** - School of Medicine, University of Crete, Department of Social Medicine, Heraklion, Greece.

Master of Arts (M.A.) in Political Science, 1985 -New York University, Department of Political Sciences, New York, USA.

**B.A.** (Maîtrise) in Political Science, 1983 - University Paris X (Nanterre), Department of Political Sciences, Paris, France

**B.A.** (Maîtrise) in Sociology, 1983 - University Paris X (Nanterre), Department of Sociology, Paris, France

### **LANGUAGES**

Greek (mother tongue), English (fluent), French (fluent), Italian (working level).

### PROFESSIONAL EXPERIENCE

# I. Positions

<u>2022 – to date</u>: Associate Professor of Social Policy (tenure), Hellenic Mediterranean University, School of Health Sciences, Department of Social Work, Heraklion, Greece.

<u>2010 to 2022</u>: Assistant Professor of Social Policy (tenure), Technological Educational Institute of Crete, School of Health and Social Welfare, Department of Social Work, Heraklion, Greece.

<u>2004-2010</u>: Assistant Professor of Social Policy (tenure-track), Technological Educational Institute of Crete, School of Health and Social Welfare, Department of Social Work, Heraklion, Greece.

<u>1993-2004</u>: Adjunct Assistant Professor (temporary contract academic staff), Technological Educational Institute of Crete, School of Health and Social Welfare, Department of Social Work, Heraklion, Greece.

## II. Research experience

## Participation in funded research programs

2020-to date: Member of the Institute of Agri-Food and Life Sciences, Hellenic Mediterranean University

2023: Participation in the comprehensive intervention program to update the knowledge of employees at Day Care Centers for the Elderly (KIFI).

2020-2023: Member of the program 'Empowered: Integrated, intelligent assistant to support independent living for the elderly', Hellenic Mediterranean University.

2018-2019: Member of the Post-Graduate program entitled «Cross-method social interventions in crisis situations», Department of Social Work, TEI of Crete.

2017: Member of the KEDIVIM program of continuous education. Institute of Lifelong Learning, TEI of Crete.

2015: Member of the PEGA program of continuing education entitled: «Social Work in Crisis Situations in Primary Health Care». Democritus University of Thrace.

2015 to date: Member of the Laboratory of Interdisciplinary Approaches for the Enhancement of Quality of Life (short title: Quality of life Lab), School of Health and Social Welfare, Technological Educational Institute of Crete and Hellenic Mediterranean University.

2014-2015: Member of the Quality Assurance Unit (MODIP) of TEI of Crete. MIS: 296813.

2014: participation (with A. Kalaitzaki) in the WHO/HBSC study investigating adolescents' health related behaviors: a Panhellenic study organized by the EPIPSY Institute – non-funded research project.

http://www.epipsi.gr/Tekmiriosi/epid/Epidimiologikes\_erevnes/ hbscgr.php/

2012 – 2015: Principal Investigator of an Archimedes III project. Title of the project: «The transition process from youth to adulthood. A study on the young people of Crete». Total budget: 82.000 euros. Duration 36 months.

2012 – 2015: Member of the research team in an Archimedes III project. Title of the project: 'Social Capital and other social and environmental factors as predictors of health behaviour change in young adults: a 36 month cohort study'. Principal Investigator: G. Kritsotakis. Total budget: 82.000 euros. Duration 36 months.

2009 - 2012: Principal Investigator for Greece of a Leonardo Da Vinci Transfert of Innovation (TOI) project. Title of the project: «Relais plus - Transfert d'innovation pour développer la relation d'aide aux publics en situation d'abandon (enfants, adolescents, personnes âgées) en Europe». Code: 2009-1-GR1-LEO 05-01855. Partners: 8. The project was funded by the European Commission. Total budget: 336.510€. Greece's budget: 72.000 €. (www.relais2.eu)

2008-2009: Participation in "The study of social capital at Gouves Municipality" as Principal Investigator. Program Agreement between TEI and the Municipality of Gouves - Non-funded research project.

2007-2008: Participation in the "Assessment of the social needs of elderly and dependent people living at the Municipality of Heraklion". Member of the research team. Program Agreement between TEI and the Municipality of Heraklion. Principal Investigator: V. Pattakou. Non-funded research project.

2000-2002: Research Fellow in a research program of the Oncology Department - University Hospital of Heraklion - Crete (prof. G. Samonis). <u>Topic</u>: Validation of the EORTC-QLQ-C30 in Cretan cancer patients with lung, breast and colorectal cancers. Assessment of their quality of life. Financed by a grant from the Research Biomedical Committee of the Central Council of Health (KESY).

1997-1999: Research Fellow in the Laboratory of Biostatistics, Department of Social Medicine, School of Medicine, University of Crete (prof. I. Vlachonikolis). <u>Topic</u>: creation of cancer registry in Crete. Financed by the University of Crete (ELKE).

1988-90: Research Fellow in the Laboratory of Health Services Planning, Department of Social Medicine, School of Medicine, University of Crete (prof. A. E. Philalithis). <u>Topic</u>: Evaluation of health needs and use of health services in a Cretan municipality (Archanes). Financed by the General Secretariat of Research and Technology.

### Participation in unfunded research programs

2014: Participation in the WHO/HBSC Panhellenic study on adolescent health behaviors. EPIPS Institute – unfunded research project.

http://www.epipsi.gr/Tekmiriosi/epid/Epidimiologikes\_erevnes/ hbscgr.php/

2008-2009: Scientific manager in the program "Study of social capital in the Municipality of Gouves". Program agreement between the TEI of Crete and the Municipality of Gouves – Unfunded.

2007-2008: Member of the research team in the program "Assessment of the social needs of elderly dependent individuals residing in the Municipality of Heraklion". Program agreement between the TEI of Crete and the Municipality of Heraklion. Scientific manager: B. Pattakou. Unfunded.

### TEACHING EXPERIENCE

# I. Undergraduate courses

- a) Social Work Department (1993-2025):
  - Social policy
  - Family policy (theory and laboratory)
  - Social policy for vulnerable groups (theory and laboratory)
  - Health and Social Care policies
  - European Social Policies: a comparative approach (in English)
  - Women's and equality issues
  - Social rights and discrimination

#### b) Nursing Department:

- Sociology of Health
- Social policy
- Health systems
- Seminar for students on graduation.

### II. Graduate courses

2023-2024: Interdisciplinary postgraduate program "Interdisciplinary Management of Chronic Diseases, Disability and Aging" (https://cdda.hmu.gr/). Coordination and teaching in the

"Gender and Health" module and teaching in the "Chronic Diseases, Disability and Empowerment" module (spring semester).

2023-2024: Master of "Social Multi methods interventions at crisis situations", Department of Social Work, School of Health Sciences.

2022-2023: Interdisciplinary postgraduate program "Interdisciplinary Management of Chronic Diseases, Disability and Aging" (<a href="https://cdda.hmu.gr/">https://cdda.hmu.gr/</a>). Coordination and teaching in the "Chronic Diseases, Disability and Empowerment" module (spring semester).

2021: Participation in the Postgraduate program of the Department of Nursing of the University of West Attica (PADA) "Treatment and Care of Wounds and Ulcers". Course: Models of interdisciplinary collaboration.

2018 - : Master of "Social Multi methods interventions at crisis situations", Department of Social Work, School of Health and Social Welfare <a href="https://www.teicrete.gr/msckoinerg/el/">https://www.teicrete.gr/msckoinerg/el/</a>

- Families in situations of vulnerability and family policy.
- Models of interdisciplinary collaboration and intervention in crisis situations.

2003-2023: Master of "Public Health and Health Care Management", Faculty of Medicine, University of Crete (http://mph.med.uoc.gr/index\_en.htm)

- Social policy for the elderly
- Social policy for the handicapped

# III. Courses in lifelong learning seminars

a) Lifelong learning program for Professional Social Workers employed in health and social care services (2017). Co-ordinators: Kalaitzaki, A.E., & Papadakaki, M. Institute of Lifelong Learning of TEI of Crete.

• Course: 'Volunteering in social care'.

b) Lifelong learning program PEGA: "Social work in crisis situations in primary health care" (2015). Co-ordinator of the program: Th. Kallinikaki, Democritus University of Thrace, funded by ESPA. Co-ordinator for Crete: E. Papadaki, Department of Social Work, TEI of Crete.

- Courses:
  - o 'Psychosocial consequences of the economic crisis',
  - o 'Social planning at the local level',
  - o 'Users' involvement in health and social care services'.

# IV. Undergraduate theses (ptyxiakes) - Supervision

• Supervision of 57 undergraduate theses at the Social Work and Nursing Departments of TEI of Crete respectively and member of numerous ad hoc Evaluation Committees at both Departments.

# V. MA theses

Supervision or co-supervision of eight (18) postgraduate theses.

# VI. PhD theses (Supervision, or Co-supervision or ad-hoc member of the evaluation committee)

- Supervision of three doctoral theses\_(Department of Social Work, HMU)
- Co-supervision of three (4) doctoral theses (Faculty of Medicine and Department of Sociology, University of Crete)
- Member of the evaluation committee of two (2) theses (Faculty of Medicine, University of Crete)

# III. Administrative experience

Sofia Koukouli had joint responsibilities for more than ten years both as faculty member and as senior administrator in the Social Work Department, the School of Health and Social Welfare and TEI of Crete. She is currently the Dean of the School of Health Sciences.

# a. Administrative positions at the Department of Social Work

- Head of the Department of Social Work (1/1/2013-31/8/2016)
- Head of the Department of Social Work (1/9/2010-31/8/2011)
- Head of the Department of Social Work (1/9/2006-31/8/2008)
- Member of the Administrative Board at the Department of Social Work ( $\frac{1}{9}/2006$ - $\frac{31}{8}/2010$ )
- Member of the Administrative Board at the Department of Social Work (1/9/2005-31/8/2006)

# b. <u>Administrative positions at the School of Health Sciences (formerly Shool of Health</u> and Social Welfare)

- Member of the Administrative Board of the School of Health and Social Welfare, Technological Educational Institute of Crete (1/1/2013-31/8/2016).
- Alternate Director of the Administrative Board of the School of Health and Social Welfare, Technological Educational Institute of Crete (1/1/2016-31/8/2016).

### c. Administrative positions at TEI of Crete

- SK served many times as member or alternate member of the General Assembly of TEI of Crete
- Member of the Quality Assurance Unit of TEI of Crete (MODIP) (1/1/2014-31/12/2017).
- Alternate member of the Research Committee (ELKE) of TEI of Crete ( $\frac{1}{1}/2014$ - $\frac{31}{8}/2016$ )

## d. Participation in electoral bodies

Participation in various electoral bodies for the new election and/or promotion of members of the permanent academic staff.

## e. Member of various committees in the Department of Social Work and the University

Participation in several committees as coordinator or member.

#### RESEARCH WORK

# PhD thesis

**Koukouli-Gravani** S. (1995). Study of the influence of socio-demographic factors on levels of functionality and its relationship with the use of health services. Department of Social Medicine, School of Medicine, University of Crete.

# Publications in international refereed journals

Mimarakis, D., Alegakis, A., & **Koukouli, S.** (2024). Evaluating the effect of individual characteristics and COVID-19 pandemic on people living under extreme poverty conditions in Greece. Poverty & Public Policy, 16, 52–68. <a href="https://doi.org/10.1002/pop4.395">https://doi.org/10.1002/pop4.395</a>

Moudatsou M, Stavropoulou A, Rovithis M, & **Koukouli S**. Evaluation of Online Counseling through the Working Experiences of Mental Health Therapists Amidst the COVID-19 Pandemic. *Healthcare*. 2024; 12(4):495. https://doi.org/10.3390/healthcare12040495

Rovithis, M., **Koukouli**, S., Dimitropoulos, A., Kalaitzaki, A., Rikos, N., Vasilopoulos, G., Papachristou, A., Tsolas, G., Tamiolaki, A., Tsapnidou, E., Dimitrantzou, A., Katsiris, D., Katsiri, E., & Stavropoulou, A. (2023). Exploring Chronic Patients' Views and Perceptions on Life Constraints and Self-Management Strategies. A Qualitative Study. <a href="https://doi.org/10.20944/preprints202306.1434.v1">https://doi.org/10.20944/preprints202306.1434.v1</a>

Rovithis M, **Koukouli S**, Dimitropoulos A, Kalaitzaki A, Rikos N et al. (2023) Life Constraints and Self-Management Strategies of Older People Living with Chronic Illness. A Qualitative Study. Health Science Journal, Vol. 17 No. 7: 1036

Kalaitzaki A, Rovithis M, Dimitropoulos A, **Koukouli S**, Linardakis M, Katsiri E, Rikos N, Vasilopoulos G, Tsolas G, Papachristou A, et al. (2023). Promoting Self-Management and Independent Living of Older Individuals with Chronic Diseases through Technology: A Study of Self-Reported Needs, Priorities, and Preferences. *Medicina*. 2023; 59(8):1493. https://doi.org/10.3390/medicina59081493

Moudatsou M, Stavropoulou A, Rovithis M, & **Koukouli S.** (2023). Views and challenges of COVID-19 Vaccination in the Primary Health Care Sector. Vaccines 11, 803. <a href="https://doi.org/10.3390/vaccines11040803">https://doi.org/10.3390/vaccines11040803</a>

Foukaki E. M. & **Koukouli S**. (2023), Services to Patients with subjective cognitive decline from Physical and Medical Rehabilitation Centers, Prime, 16:1, 59-65

Moudatsou, M., Stavropoulou, A., Rovithis, M., & **Koukouli, S.** (2022). Health Care Professionals' Views About Vaccination for Covid 2 – 19: A Qualitative Research in Primary Health Care Settings. Med. Sci. Forum 2022, 2, x. <a href="https://doi.org/10.3390/xxxxx">https://doi.org/10.3390/xxxxx</a>

Moudatsou, M., Stavropoulou, A., Rovithis, M., & **Koukouli S.** (2022). Mental health care and on line consultation during the Covid-2 19 pandemic: A literature review. Med. Sci. Forum, 2, x. <a href="https://doi.org/10.3390/xxxxx">https://doi.org/10.3390/xxxxx</a>

Stavropoulou A, Rovithis M, Kelesi M, Vasilopoulos G, Sigala E, Papageorgiou D, Maria Moudatsou M, & **Koukouli S**. (2022). What Quality of Care Means? Exploring Clinical Nurses' Perceptions on the Concept of Quality Care: A Qualitative Study, Clinics and Practice, 12, 468–481, https://doi.org/10.3390/clinpract12040051

Stavropoulou A, Rovithis M, Sigala E, Moudatsou M, Fasoi G, Papageorgiou D, & **Koukouli S**. (2022). Exploring Nurses' Working Experiences during the First Wave of COVID-19 Outbreak, Healthcare, 10, 1406. https://doi.org/10.3390/ healthcare10081406

Moudatsou, M., Vouyiouka, P., Karagianni-Hatziskou, E., Rovithis, M., Stavropoulou, A., & **Koukouli, S.** (2022). Knowledge and Use of Cervical Cancer Prevention Services among Social Work and Nursing University Students, Healthcare, 10, 1140. https://doi.org/10.3390/ healthcare100611

Rovithis, M., **Koukouli, S.**, Fouskis, A., Giannakaki, I., Giakoumaki, K., Linardakis, M., Moudatsou, M., Stavropoulou, A. (2021) Empathy and mobile phone dependence in nursing: A cross-sectional study in a public hospital of the island of Crete, Greece. *Healthcare*, 9, 975. <a href="https://doi.org/10.3390/healthcare9080975">https://doi.org/10.3390/healthcare9080975</a> [IF:2.645]

Kalaitzaki, A., **Koukouli, S.,** Foukaki, M.E., Markakis, G., & Tziraki, C. (2021). Dementia Family Carers' Quality of Life and Their Perceptions About Care-receivers' Dementia Symptoms: The Role of Resilience. *Journal of Aging and Health*, 08982643211050206. [IF:3.213]

Moudatsou, M., **Koukouli, S.**, Palioka, E., Pattakou, G., Teleme, P., Fasoi, G., Kaba, E., Stavropoulou, A. (2021). Caring for Patients with Psychosis: Mental Health Professionals' Views on Informal Caregivers' Needs. *International Journal of Environmental Research and Public Health*. 2021; 18(6):2964. <a href="https://doi.org/10.3390/ijerph18062964">https://doi.org/10.3390/ijerph18062964</a> [IF:3.390]

Moudatsou, M., Stavropoulou, A., Alegakis, A., Philalithis, A., **Koukouli, S.** (2021). Self-Reported Assessment of Empathy and Its Variations in a Sample of Greek Social Workers. *Healthcare*, 9, 219. <a href="https://doi.org/10.3390/healthcare9020219/2021">https://doi.org/10.3390/healthcare9020219/2021</a>. [IF:2.645]

**Koukouli, S.,** Kalaitzaki, A.E., Panagiotakis, S., Markakis, G., Werner, P., & Tziraki, C. (2020). Factors associated with the perception of services by dementia informal caregivers in Greece: the role of familism. *Aging and Mental Health*. DOI: 10.1080/13607863.2020.1857694 [IF:3.658]

**Koukouli, S.** & Kalaitzaki, A.E. (2020) Recollections of maternal and paternal punitive discipline in childhood and violent attitudes and behaviors in adulthood: Pathways to violence in Greece through a mediation process. *Violence and Victims* 36, 3, 381-400. <a href="http://dx.doi.org/10.1891/VV-D-19-00005">http://dx.doi.org/10.1891/VV-D-19-00005</a> [IF:1.393]

Moudatsou, M., Stavropoulou, A., Philalithis, A. & **Koukouli, S.** (2020). The Role of Empathy in Health and Social Care Professionals. *Healthcare*, 8, 26; doi:10.3390/healthcare8010026 [IF:2.645]

Stavropoulou, A., Rovithis, M., Sigala, E., Pantou, S., & **Koukouli, S.** (2020). Greek nurses' perceptions on empathy and empathic care in the Intensive Care Unit. *Intensive and Critical Care*, 58, 102814. [IF:3.072]

Werner, P., Kalaitzaki, A.E., Spitzer, N., Raviv-Turgeman, L., **Koukouli, S.**, Tziraki, Ch. (2019). Stigmatic beliefs towards a person with dementia: A cross-national comparison of Israeli and Greek college students. *International Journal of Psychogeriatrics*, 31 (10), 1393-1401. [IF:3.878]

**Koukouli, S.,** Lambraki, M., Sigala, E., Alevizaki, A., & Stavropoulou, A., (2018). The experience of Greek families of critically ill patients: Exploring their needs and coping strategies. *Intensive and Critical Care Nursing*, 45, 44-51. (Available online: <a href="https://doi.org/10.1016/j.iccn.2017.12.001">https://doi.org/10.1016/j.iccn.2017.12.001</a>). [IF:3.072]

**Koukouli, S.,** Pattakou-Parasyri, V., & Kalaitzaki, A.E. (2014). Self-Reported Aging Anxiety in Greek Students, Health Care Professionals, and Community Residents: A Comparative Study. *The Gerontologist*, 54(2): 201-210. doi: 10.1093/geront/gnt036 [IF:5.271]

Avgoustinaki PD, Mitsopoulou E, Chlouverakis G, Triantafillou T, Venihaki M, **Koukouli S**, Margioris AN. (2012). Sex steroids and personality traits in the middle luteal phase of healthy normally menstruating young professional women. *Hormones*, 11(3):333-343. [IF: 2.885]

Koutra, K., Papadovassilaki, K., Kalpoutzaki, P., Kargatzi, M., Roumeliotaki, T., & **Koukouli, S.** (2012). Adolescent drinking, academic achievement and leisure time use by Secondary Education students living in a rural region of Crete. *Health and Social Care in the Community* 20(1): 61-69. doi: 10.1111/j.1365-2524.2011.01016.x [IF:2.047]

Kritsotakis, G., Koutis, A.D., Alegakis, A.K., **Koukouli, S.,** & Philalithis, A.E. (2012). Social capital and patient satisfaction with cancer care: A cross-sectional study in Greece. *Archives of Hellenic Medicine* 29(1):91-99.

**Koukouli, S.**, Stamou, A., Alegakis, A., Georgoulias, V., & Samonis, G. (2009). Psychometric properties of the QLQ-C30 (version 3.0) in a heterogeneous sample of Cretan cancer patients. *European Journal of Cancer Care* 18: 447-456. [IF:2.52]

**Koukouli, S.,** Papadaki, E., & Philalithis, A.E. (2008). Factors affecting the development of social work and its professionalisation process: the case of Greece. *International Journal of Social Welfare* 17 (3): 216-224.333 [IF:1.957]

Bozoni, K., Kalmanti, M. & **Koukouli, S.** (2006). Perception and knowledge of medicines of primary schoolchildren: the influence of age and socioeconomic status. *European Journal of Pediatrics* 165: 42–49. [IF:3.183]

Chliaoutakis, J.E., **Koukouli**, S., Lajunen, T., & Tzamalouka, G. (2005). Lifestyle traits as predictors of driving behaviour in urban areas of Greece. *Transportation Research Part F*, 8: 413–428. [IF:3.90]

Chliaoutakis, J.E., **Koukouli**, S., & Papadakaki, M. (2002). Using attitudinal indicators to explain the public's intention to have recourse to gamete donation and surrogacy. *Human Reproduction* 17(11): 2995–3002. [IF:6.918]

Koukouli, S., Vlachonikolis, I.G., & Philalithis, A.E. (2002). Socio-demographic factors and

self-reported functional status: the significance of social support. *BMC Health Services Research*, 2:20 (http://www.biomedcentral.com/1472-6963/2/20). [IF:2.512]

# II. Publications in national refereed journals

Moudatsou M, Dimotaki A, Michala A, Stavropoulou A, Rovithis M, **Koukouli S.** (2023). Assessment of men's health needs in a Municipality of Crete: A qualitative approach. BRAIN. 60, 6-10.

Moudatsou, M., Stavropoulou, A., & **Koukouli, S.** (2021). When caring for 'significant others' becomes a lifelong obligation: A case study. ENCEPHALOS 58, 29-32. /Μουδάτσου Μ, Σταυροπούλου Α, Σοφία Κουκούλη Σ. 2021. Όταν η φροντίδα των 'σημαντικών άλλων' γίνεται υποχρέωση ζωής: Μια μελέτη περίπτωσης. ΕΓΚΕΦΑΛΟΣ. 58, 48-59

Vardaramatou, F., Tsesmeli, A., **Koukouli, S.**, Rovithis, M., Moudatsou, M., & Stavropoulou, A. (2021). Exploring women's experience after breast cancer diagnosis. A qualitative study. *Perioperative Nursing* (GORNA), E-ISSN:2241-3634, 10(2), 193–207. https://doi.org/10.5281/zenodo.5651592

Moudatsou, M., Vouyiouka, P., Karagianni – Hatziskou, E., **Koukouli, S.**, & Stavropoulou, A. (2020). The association between social capital and cervical cancer prevention in a sample of female university students. A Research Protocol. Perioperative Nursing, 9 (2), 117-125.

Koutra, K., Ratsika, N., Kritsotakis, G., Katsapi, X., & **Koukouli, S**. (2016) Young adults' transition from school to work in Crete: a social or an economic issue? [I metavasi twn newn enhlikwn apo to sxoleio sthn ergasia sthn Kriti: koinwniko h oikonomiko zhthma?]. Koinoniki Ergasia, 124, 42-65.

**Koukouli, S.**, Alevizaki, A., Lambraki, M., & Stavropoulou, A. (2013). Exploring the experiences of the families of patients who are hospitalized in intensive care units (ICU) in three hospitals in Crete. [Dierevnisi twn empeiriwn the oikogeneias noshlevomenwn asthenwn se monades entatikhs therapeias triwn nosokomeiwn the Kritis] Perioperative Nursing, 1(1), 132-139.

Philalithis, A.E., Vlachonikolis, I., & **Koukouli, S.** (1990). The 'Archanes' health survey: the health status indicators [H erevna twn Arhanwn: oi deiktes Ygeias]. Materia Medica Greca (MMG), 18(4), 330-338.

Philalithis, A.E., Vlachonikolis, I., & **Koukouli, S.** (1990). The Archanes health survey: the use of health services' indicators [H erevna twn Arhanwn: oi deiktes xrhshs yphresiwn ygeias]. Materia Medica Greca (MMG), 18(5), 339-448.

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## RESEARCH INTERESTS

Health and social care services for vulnerable groups (mainly aged)

- Social factors influencing health and the use of health and social care services
- Health and Social support networks
- Chronic diseases and quality of life of chronic patients
- Family policy
- Gender issues discrimination based on gender

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- Journal of Social Work,
- Journal of Multidisciplinary Healthcare,
- Western Journal of Nursing Research,
- International Journal of Environmental Research and Public Health (IJERPH).