

Curriculum Vitae

Surname: Moudatsou

Name: Maria

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Education:

1) Postgraduate Studies:

- PHD in the department of Medicine, Faculty of Social Medicine in University of Crete in Greece with the theme: "Correlation between social capital and women's' health in a rural municipality in Crete
- European Certificate of Psychotherapy. Programme on Systemic Psychotherapy of the Laboratory for the Study of Human Relations (Member in the scientific associations: HELLESYTH, EFTA).
- M A in Social Policy in the department of Social Policy and Social Work in University of York in Great Britain, Sponsored by Greek Scholarship Foundation (I.K.Y.)

2) Studies:

- Social Work in Technological Educational Institution of Heraklion (Crete, Greece)

Researching Activity:

- Member of the Laboratory of Interdisciplinary Approaches for the Enhancement of Quality of Life

Educational Experience:

- ✓ Assistant professor in Social Work department, Hellenic Mediterranean University 01/03/2021- until now
- ✓ Lecturer in Social Work Department in Hellenic Mediterranean University (Technological Educational Institution of Heraklion) 9/2002 until 28/2/2021. (Public Institution)
- ✓ Lecturer in Human Science College in courses: sociology of criminology and sociology of education (1999- 2000) (Private Institution)

Work Experience:

●Family therapist:

- ✓ Family Therapist/ Psychotherapist: Private office, 2015 – 2018
- ✓ Family therapist (voluntarily) for women's personal development group, in municipality of Archanes- Asterousia in Crete, Greece (2012- 2013- 2014- 2015. (Public Services)

● Social Worker:

- ✓ Social worker for Public Mental Health in Heraklion, Crete, Greece (12/7-2007 until 28/2/2021
- ✓ Social worker for Public Criminology Services in Hania, Crete Greece, 17.1.2007 – 11-7- 2007 (Public services)
- ✓ Social worker for elderly and disabled people in Gorgolaini area, Crete, Greece 12.9.2002 - 17.1.2007(Public services)
- ✓ Social worker for youth in Neapoli, Crete, Greece, 1999- 2000 (publicservices)

Reviewer in Scientific Journal:

- International Journal of Environmental Research and Public Health
- Healthcare
- Practical Issues in Management and Economics

Publications:

- Moudatsou M, Koutis A, Philalithis A. 2010. Community appraisal methodology as a method of health needs assessment, *Social Work*, 98: 71- 84.
- Moudatsou M, Kritsotakis G, Alegakis A, Koutis A, Philalithis A. 2014. Social capital and adherence to cervical and breast cancer screening guidelines: A cross – sectional study in rural Crete: *Health and Social Care in the Community*, 22, 395-404/2014.
- Moudatsou M, Koutis A, Philalithis A. 2016. Personal and social parameters of breast and cervical cancer screening, *Archives of Hellenic Medicine*, 33:189-197.
- Moudatsou M. 2018. Fear of intimacy and loneliness as a product of trauma: narrating repressed feelings and experiences, *Metalogos*, 33.
- Moudatsou M, Tzanidaki M, Kritsotakis G, Koutis A, Alegakis A, Panagouloupoulou E, Philalithis A. 2018. Women’s health needs in an urban municipality of Crete: A study by health and social welfare professionals, *Social Work*, 129, 41-60.
- Moudatsou M, Kritsotakis G, Koutis A, Alegakis A, Evangelia Panagouloupoulou E, Philalithis A. 2019. Comparison of self-reported adherence to cervical and breast cancer screening guidelines in relation to the researcher’s profession. *Hellenic Journal of Nursing Science*, 12 (3)44-51.
- Smyrnaki M, Moudatsou M. 2019. Domestic violence as an etiological factor and consequence of addiction. *Exartisis*, 33, 49-62.
- Maria Moudatsou M, Stavropoulou A, Philalithis A, Koukouli S. 2020. The Role of Empathy in Health and Social Care Professionals. *Healthcare* , 8, 26 doi:10.3390/healthcare8010026 /2020).
- Moudatsou M, Vouyiouka P, Karagianni – Hatziskou E, Koukouli S, Stavropoulou A. 2020. The association between social capital and cervical cancer

prevention in a sample of female university students. A research protocol. *Perioperative Nursing*: 9(2), 117–125. <http://doi.org/10.5281/zenodo.4011274/2020>

- Moudatsou M, Stavropoulou A, Alegakis A, Philalithis A, Koukouli . 2021. Self-Reported Assessment of Empathy and Its Variations in a Sample of Greek Social Workers. *Healthcare* <https://doi.org/10.3390/healthcare9020219/2021>).
- Moudatsou M, Koukouli S, Palioka E, Pattakou G, Teleme P, Fasoï G, Kaba E, Stavropoulou A. 2021. Caring for Patients with Psychosis: Mental Health Professionals' Views on Informal Caregivers' Needs. *International Journal of Environmental Research and Public Health*, 18, 2964. <https://doi.org/10.3390/ijerph18062964/2021>).
- Vardaramaton F, Tsesmeli A, Koukouli S, Rovithis M, Moudatsou M, Stavropoulou A. 2021 Exploring women's experience after breast cancer diagnosis. A qualitative study. *Perioperative Nursing*, 10 (2) 193- 207
- Moudatsou M, Stavropoulou A, Koukouli S. 2021. When caring for 'significant others' becomes a lifelong obligation: A case study, *Encephalos*, 58: 48-59
- Rovithis M, Koukouli S, Fouskis A, Giannakaki I, Giakoumaki K, Linardakis M, Moudatsou M, Stavropoulou A. 2021. Empathy and mobile phone dependence in nursing: A cross-sectional study in a public hospital of the island of Crete, Greece. *Healthcare*, 9, 975. <https://doi.org/10.3390>

Presentations in Congress – Conferences:

- Presentation in 10th Hellenic Social Welfare Congress that has been held in Heraklion , between October 18/11 – 19/11, 2021. Title: Which are health professionals views, Moudatsou M, Staupoulou A, Rovithis M, Koukouli S
- Presentation / Coordination of a workshop at the 7th International Scientific Conference of the Institute of Humanities and Social Sciences (IAKE) that has been held between 09/07 - 10/07 2021. Title: Communication as a means for a personal and professional development, Moudatsou M, Fakiola M.
- Presentation / Coordination of a workshop at the 7th International Scientific Conference of the Institute of Humanities and Social Sciences (IAKE) that has been

held between 09/07 - 10/07 2021. Title: Self Esteem: An experimental seminar,
Moudatsou M, Fakiola M

- Presentation in European Conference on Social Work Education that has been held between 15- 06 / 18- 06- 2021. Title: Women's group therapy: A way of becoming resilient and healthy throughout lifespan and regardless of unexpected events.
Moudatsou M, Staupoulou A, Koukouli S.
- Presentation in European Conference on Social Work Education that has been held in 15- 06 / 18- 06- 2021. Title: Social workers empathy in time of uncertainty: Can empathy be taught? Moudatsou M, Staupoulou A, Alegakis A, Philalithis A, Koukouli S.
- Session Chair in Paper Presentation Session 13: Ethics and Professional Social Work, in European Conference on Social Work Education that has been held in 15- 06 / 18- 06- 2021. Title : Paper Presentation Session 13: Ethics and Professional Social Work.
- Session Chair in Conference for the individualized psychosocial intervention and counseling for the learning difficulties that has been held between 11- 12 / 06- 2021. Table Title: Interdisciplinary team and interdepartmental collaboration
- Presentation in 27 Panhellenic Conference of Psychiatry held between 18 - 21/04 / 2019. Title: Study of empathy in social workers in the region of Crete, Moudatsou M, Stavropoulou A, King S, Alegakis A, Koukouli S.
- Presentation in 9th EFTA Congress that has been held in Athens, between 28/9 / 2016 - 1/10/2016. Title: "Transition from the old to thenew"
- Presentation poster in 5th Pan - Hellenic Forum of Public Health and Social Policy that has been held in Salonica, between 21-2November, 2014.
- Presentation poster Poster NO: P16 "Women's health needs assessment by "Key" people who are responsible for health and social policy"
- Presentation in 17th Cretan Medical Congress that has been held in Heraklion, between October 24- 27, 2014. Title: "Disagreement in self reported health in two simultaneous researches that held in rural Crete"

- Presentation poster in 17th Cretan Medical Congress that has been held in Heraklion, between October 24- 27, 2014. Poster NO: P 105 “Group therapy as a vehicle for health improvement”
- Presentation in 4th Hellenic Social Welfare Congress that has been held in Agios Nikolaos, between July 3-4, 2014. Title: “Community appraisal methodology as a tool of health needs assessment”
- Presentation poster in 8TH EFTA Congress that has been held in Istanbul, between October 24- 27, 2013. Poster NO: P-011 “The group therapy as a family pathway against the financial crisis”
- Presentation in 3th Pan - Hellenic Forum of Public Health and Social Policy that has been held in Athens, between 30 November to 2 December, 2012. Title: “Social capital and breast and cervical cancer screening adherence”

Seminars- Studies:

- Educational programme for professionals in mental health centres. Total hours (180): 24-11-2008 – 2-2-2009
- Educational seminar based on Systemic Approach experience with subject «Introduction in the theory of human systems within the systemic way of thinking» Total hours: (20)
- Educational seminar based on Systemic Approach experience with subject: Odyssey an “inner trip to meet our personal destination”. Total hours: (30): 9/2008- 7-/2009
- Educational seminar based on Systemic Approach experience with subject: Hercules an “inner trip to meet our personal needs”. Total hours:(30): 9/2009- 3-/2010

Research interests: Social capital, empathy, mental health, psychosis, old people, vulnerable people, issues of justice

